

ALEXANDRIA GAZETTE AND VIRGINIA ADVERTISER.

Alexandria Gazette.
FRIDAY EVENING, JAN. 10, 1902

More Harmful Than Alcohol

Overeating Worst Form of Intemperance.

If your food is undigested, you are undigested, no matter how much you eat. And the underfed man, is to the extent of the underfeeding, crippled for the battle of life. On the other hand, there is such a thing as overeating. The harm done by indigestion caused by overladen stomachs exceeds that from the increased heart beats caused by the use of alcohol or whiskey.

Eat as much good food as you need but don't overload the stomach. If your stomach is weak it may refuse to digest what you eat. Then you ought to use a good digestant like Kodol Dyspepsia Cure, which digests what you eat without the stomach's aid. This rest and the wholesome tones contained in Kodol Dyspepsia Cure soon restore health. You don't have to diet. Don't eat too much. That's harmful. But eat enough and of sufficient variety. Kodol Dyspepsia Cure will digest it. It quickly relieves the sensation of fulness and bloating from which some people suffer after meals. It prevents belching and absolutely cures indigestion and other digestive troubles. Equally good for children.

Lemuel Jackson, Louisville, Ky., says: "I suffered from dyspepsia for thirty years but a few bottles of Kodol Dyspepsia Cure completely cured me and I heartily recommend it to all sufferers from this disease."

"Any accidents, Johnny?" asked the chief.

"Not an accident. I've got 'em all on the sidetrack, snowed in and waiting for orders, and you will have to get 'em out. I am going to blow this job." It took the chief and his force nearly all day to get the trains straightened out and traffic resumed on the road.—Indianapolis News.

False Tails For Horses.

False tails are extensively made for horses, old favorites especially, whose caudal appendages present a worn-out and moth-eaten appearance, like Pe-truchio's "old mothy saddle," and his prodigiously motley get up ("Taming of the Shrew," III, 2). They are also worn by funeral horses, and by other horses of exquisite outline selected for a particular kind of work, but which are somewhat spoiled in appearance by the possession of a rat tail (bald like a rat's). These useful appliances, however, are not constructed exclusively for harness horses. I have seen rows of bogus tails, artistically joined on to the crupper, hanging up in a cavalry barracks ready for instant service, being slipped on just like a finger stell. The "fine ends" or false tails used by nobody but "horse copers" or low swindlers are most ingeniously fastened on the animal's bare back by invisible means. A dealer in horses never looks at a horse with a bad tail, and he always goes to the best market only.—Chambers' Journal.

Robins Play at Being Dead.

One morning a well known naturalist was greatly surprised to see a robin lying on his back evidently dead, being rapidly pulled round and round by another bird of the same species.

The naturalist at once came to the conclusion that he had come in time to witness the end of a deadly encounter, and that the live robin was indulging in the cruel triumph of dragging his victim's lifeless body over the stones.

But he was mistaken, for suddenly the live bird went down upon his back, his wings and legs were stiffened, and he gave every appearance of being dead, while the other robin who had been shamming death hopped on his legs and proceeded to serve his companion in the same way as he had done him. Finally the two birds flew away together to a neighboring tree.

How the People of Sangir Keep Time.

The people of Sangir, an island of the Malay archipelago, keep time by the aid of an hourglass formed by arranging two bottles neck to neck. The sand runs out in half an hour, when the bottles are reversed. Close by them a line is stretched, on which hang twelve sticks marked with notches from one to twelve, with a hooked stick, which is placed between the hour last struck and the next one. One of these glasses keeps the time for each village, for which purpose the hours are sounded on a gong by keeper.

Four Kinds of Pupils.

The Talmud says there are four kinds of pupils—the sponge and the funnel, the strainer and the sieve. The sponge is he who takes up everything, and the funnel he who takes it in at this ear and lets it out at that; the strainer is he that lets it go the wine and retains the dross, and the sieve is he that lets it go the bran and retineth the fine flour. The student who begins at least to wish to belong to the last named class will not have been sent to college in vain.

His Watchdog.

Mrs. Suburb—Oh, my dear, that magnificent watchdog you brought home yesterday is gone.

Mr. Suburb—Eh? Did he break the chain?

"No; but an ugly looking tramp came around and acted so terribly that I let the dog loose, but instead of tearing the tramp to pieces he went off with him."

"Great Scott! It must have been the same tramp I bought him off."

A Little Scarcie.

Maid (to lady at door)—Mrs. Spencer is not at home.

Caller (who knows differently)—Oh, I'm so sorry! But never mind. Tell Mrs. Spencer when she comes in that I called to say that I'm awfully glad she goes out more than she did. I've always wondered why she kept herself cooped up in the house all the time.—Boston Transcript.

Bull's Baby Syrup for teething babies.

Five small bottles 10c. Cures Wind Colic, Diarrhoea, Loss of Sleep, Griping Pains, Sour Stomach, Fever, Cholera, Infants.

Dr. Bull's Baby Syrup also promotes the digestion and soothes the baby. Sold by Richard Gibson and all druggists.

A Profitable Investment.

"I was troubled for about seven years with my stomach—nd in bed half my time," says F. Demick, Somerville, Ind. "I spent about \$1,000 and never could get anything to help until I tried Kodol Dyspepsia Cure. I have taken a few bottles and am entirely well now. You don't know what you digest and assimilate. If your stomach doesn't digest your food you are really starving. Kodol Dyspepsia Cure does the starch's work by digesting the food. You don't have to diet. Eat all you want. Kodol Dyspepsia Cure cures all stomach troubles. For sale by E. S. Leadbeater.

MEDICINAL

TELEPHONE EXCHANGER.

111	"Mount Vernon"
26	May & Son, W. H.
318	Miller, R. S. & Sons
396	Norris, J. K. M.
475	Nugent, O. J.
1157	O'Brien, M. W. Dr.
1112	Odell, Aaron
1106	Odell, Aaron
168	Old Dominion Glass Co.
4	Patterson & Brother
1095	Pecil, W. H.
5	Perry, Thomas
40	Peters, Hobart
84	Postal Telegraph Cable Company
34	Post Office
14	Police Headquarters
171	Price, C. Marion W.
1131	Pullman, C. O.
1072	Purvis, Dr. W. R.
1053	Quinn, Edward
8	Ramsay, G. Wm.
50	Reardon, Wm. M.
1012	Recker, William
11	Reid, H. F.
214	Reid, H. F. & Sons
1066	Rogers, Joseph F.
1071	Rust, Dr. D. N.
618	Schultz, M.
1133	Seaton, W. A. Residence
92	Seaton, Mrs. Francis L.
71*	Seaton C. C. & Sons
57	Seaton, W. A. & Co
137	Smith, C. H.
146	Smith, J. B. & Co.
455	Smith, Dr. W. M., office
109	Smith, Dr. W. M., residence
78	Smith, I. A., residence
37	Smith, J. A., residence
108	Smith, John, Jr.
109	Smith, John, Jr.
1091	Smith, John, Jr.
200	Southern Bell T. & T. Co.
90	Southern Bell T. & T. Co., Operator
11	Southern Railway Co., freight yard
24	Southern Railway Co., W. & O.
10	Southern Express Co.
34	Standard Oil Company
108*	Stevens, Moses
142	Stevens, W. J., residence
66	Stout, Jr., W. A.
129	Shuman, L. A.
176	Schaffer, C. A. & Co. Florist
1	Smith, F. L.
64	Tackett & Marshall
70	Tucker, R. F.
151	Taylor, C.
200*	Telephone Exchange
104*	Theological Seminary
112*	Thompson, Chas. F., residence
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